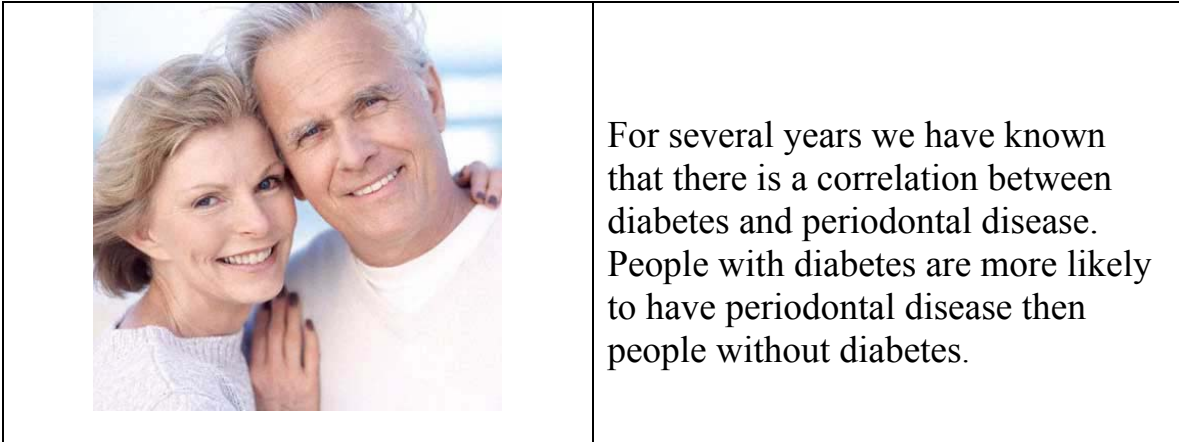


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Diabetes & Periodontal Disease



Research recently has emerged suggesting that the relationship goes both ways. People with periodontal disease and diabetes may have a more difficult time controlling their blood sugar.

More research is needed to confirm how periodontal disease makes it more difficult to control blood sugar, but what we do know is that severe periodontal disease can increase blood sugar, contributing to increased periods when your body functions with higher blood sugar levels. For diabetics this puts you at risk for diabetic complications. In other words, controlling your periodontal disease may help control your diabetes.

Nearly 16 million Americans in the United States are now living with diabetes or are at risk for periodontal disease. If you are among this number, you need to see your periodontist for a periodontal evaluation, because your healthy gums may lead to a healthier body.